

**The Basic Handbook of Indian Ethnobotany and
Traditional Medicine
[Volume: 2]**



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Edited by:

**Mrs. Bhanumati Sarkar, Dr. Surjyo Jyoti Biswas, Dr. Alok Chandra Samal
& Dr. Akhil Pandey**

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This handbook presents 'Ethnobotany and Traditional Medicine in India (Volume 2). The current book has benefited greatly, and all the authors have laid down their feelings and information with care and detail. The concept of traditional medicine and ethnobotany is enlightening. Altogether, these ingredients interweave the fabric of knowledge that is commemorative of the fundamental facets of India's conventional medical practices. At the same time, this volume is a reference for scholars and practitioners and a guide for a person attentively wanting to discover the fascinating connection between cultural and modern scientific values.

We are very grateful for this as they have been working very hard and dedicating a lot of time. This handbook is a testimony of their efforts and is useful for people who want to be aware of the importance of Indian ethnobotany and traditional medicine. We are glad you have joined the journey with us. We hope this volume sparks additional interest in India's vast and valuable traditional wisdom.

On the heartfelt side, we must express our gratitude to each of the authors who helped with this book. The assistance of the following individuals is indispensable to the realization of this publication.

Suggestions on how the book could be improved are acceptable and appreciated.

**Mrs. Bhanumati Sarkar,
Dr. Surjyo Jyoti Biswas,
Dr. Alok Chandra Samal &
Dr. Akhil Pandey**

Among the many diverse and intertwined strands that make up the fabric of man's existence, none stands out as being as colourful or as timeless as the arts of healing through the annals of time that people of different cultures have employed. Thus, the ethnobotany of India can be recognized as one of the most profound, diverse, and sustainable theses. We are pleased to introduce to you in earnest 'The Basic Handbook of Indian Ethnobotany and Traditional Medicine (Vol II)' – the second volume of stepping into the fundamentals of the Indian ethnobotany and Traditional medicinal sciences.

This volume completes the work started in the first volume and focuses on the complex interaction of the herbal resources of the Indian subcontinent and its traditional medicine. Here, we open up the abstracted body of information of several generations and, in them, note a blend of observation and experience, as well as unrefuted cultural cognition.

Our appreciation goes to various experts who have made the production of this work easier. Thus, I am grateful to Mrs. Bhanumati Sarkar, who has been an inspiring spearhead in maintaining and advocating traditional knowledge at every step of editorial work. Based on sensational ethnobotanical research, Dr. Surjyo Jyoti Biswas has added more value to the volume by providing readers with properly analyzed qualitative data. It is essential to recognize the invaluable contribution of Dr. Alok Chandra Samal, who has vast experience in traditional medicine practices. It adds a lot of effort, time, and data to help understand traditional medicine practices in detail. Dr. Akhil Pandey has also shown a lot of innovation in creating an interface between traditional and modern medicine, which has tremendously enriched this work.

As a whole, they have created a chronicle that pays respect to past procedures and links them to the terminology of the present-day concepts of health and fitness. Looking at the details of the work, the authors' collaboration has produced a reference that satisfies both the academic and practitioners' criteria, as well as the researchers and enthusiasts.

This handbook is hoped to be useful as a guide to ethnobotany in India for those who would wish to understand the intricate cultural botanical relationship. Despite the seemingly simple nature of the practices that have been passed down over the generations, we aim to reveal the intricate knowledge contained in these modern methods and what the plant world has to offer to the present-day inhabitants of the Earth.

As we begin this journey in the pages of Volume 2, we hope you will open the minds revealed over and over again in these pages to the great storehouse of knowledge that Indian Traditional Medicine offers and contemplate the future given the past.

Sri Manoranjan Madhu,
Publisher

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